

# **BEGINNERS**

## **Unit 14**

 Inglés Paso a Paso con Lucie

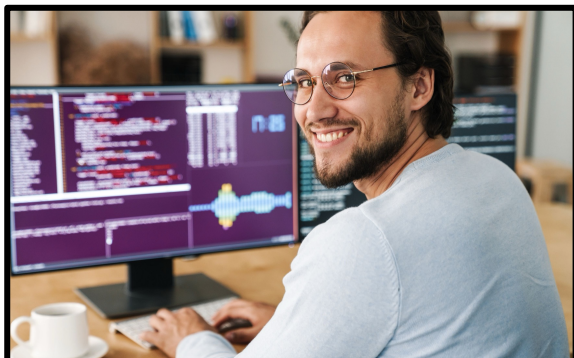


# PAST SIMPLE

## REGULAR VERBS

### What is a Regular Verb?

- Regular verbs are the most common type of verb in English. They are called "regular" because they follow a simple, consistent rule to form the Past Simple and the Past Participle.
- The rule is: Add -ed to the base form of the verb.



**Present:** I **work** on my business every day.  
**Past:** I **worked** on my business yesterday.



**Present:** They **watch** movies on weekends.  
**Past:** They **watched** a movie last weekend.

- This is different from irregular verbs, which change completely.



**Present:** We **go** to the park on Sundays.  
**Past:** We **went** to the park last Sunday.



**Present:** I **eat** breakfast at 7:00 AM.  
**Past:** I **ate** breakfast at 7:00 AM yesterday.

# SPELLING RULES

## FOR ADDING -ED TO VERBS

You need to learn a few spelling rules when adding -ed to a regular verb.

### Rule 1: The General Rule

For most verbs, you just add -ed.



talk - talked



help - helped



call - called

### Rule 2: Verbs Ending in -e

If the base verb already ends in the letter -e, you only add -d.



live - lived



dance - danced



hope - hoped

### Rule 3: Verbs Ending in Consonant + Y

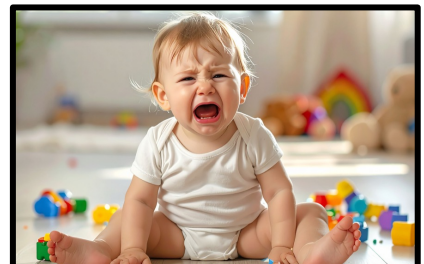
If the verb ends in a consonant followed by -y, you must change the -y to an -i and then add -ed.



study - studied



reply - replied



cry - cried



## Rule 4: Verbs Ending in Vowel + Y

If the verb ends in a vowel + y, you do not change the 'y'. Just add -ed.



play - played



obey - obeyed



enjoy - enjoyed

## Rule 5: One-Syllable CVC Verbs

If the verb has one syllable and ends in Consonant + Vowel + Consonant (CVC), you must double the final consonant and then add -ed.



stop - stopped



plan - planned



chat - chatted

## Rule 6: The Exceptions

We do not double the final consonant if the verb ends in -w or -x.



fix - fixed



snow - snowed



relax - relaxed

## Rule 7: Two-Syllable CVC Verbs

If the verb has two syllables, ends in CVC, and the stress is on the second syllable, you must double the final consonant.



prefer - preferred



admit - admitted



commit - committed



# COMPLETE THE SENTENCES

**Instructions:** Complete the sentences with the correct past tense form of the verbs in parentheses.



1. Olivia (walk) \_\_\_\_\_ her dog in the park yesterday morning.



2. Robert (arrive) \_\_\_\_\_ at the office very early last Tuesday.



3. Elena (study) \_\_\_\_\_ for her English exam until midnight.



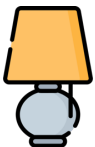
4. Mrs. Miller (fry) \_\_\_\_\_ some delicious chicken for her family.



5. Thomas (stay) \_\_\_\_\_ at home to rest during the weekend.



6. Victor (jog) \_\_\_\_\_ four miles to prepare for the marathon.



7. Gary (fix) \_\_\_\_\_ the broken lamp in the living room.



8. Anna (prefer) \_\_\_\_\_ the blue dress over the red one.



9. Samuel (listen) \_\_\_\_\_ to a very interesting podcast on his way to work.



10. Sonia (smile) \_\_\_\_\_ when she saw the surprise for her birthday.



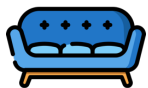
11. James (tidy) \_\_\_\_\_ his bedroom before his friends visited him.



12. Carla (enjoy) \_\_\_\_\_ the beautiful sunset at the beach.



13. Paulina (plan) \_\_\_\_\_ every detail of her daughter's party.



14. Peter (relax) \_\_\_\_\_ on the sofa after a long day of work.



15. Daniel (admit) \_\_\_\_\_ that he made a mistake in the report.



16. Isabel (cook) \_\_\_\_\_ a traditional recipe from her grandmother.



17. Mrs. Brown (dance) \_\_\_\_\_ with her husband at the wedding.



18. Andrea (cry) \_\_\_\_\_ while watching that emotional movie.



19. Hugo (play) \_\_\_\_\_ video games with his cousins all afternoon.



20. Diana (stop) \_\_\_\_\_ her car when the traffic light turned red.



# PRESENT TO PAST

**Instructions:** Change the following sentences to the Past Simple using the time expressions in parentheses. Pay attention to the spelling of the verbs.



1. Monica helps her neighbor with the groceries.

(yesterday morning)

Monica helped her neighbor with the groceries yesterday morning.



2. Mr. Carter closes the store at 9:00 PM.

(last night)



3. Pamela carries the heavy boxes to the car.

(two hours ago)



4. The students obey the school rules.

(last semester)



5. The audience claps after the performance.

(ten minutes ago)



6. Simon mixes the ingredients for the cake.

(earlier this morning)



7. The manager permits the employees to leave early.

(last Friday)



8. Martha brushes her hair before work.

(yesterday)



9. Oscar exercises in the park.

(on Saturday)



10. Brenda hurries to catch the bus.  
(yesterday afternoon)

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11. My family prays for a miracle.  
(last night)

---



12. The thief robs the jewelry store.  
(two years ago)

---



13. My grandmother sews a beautiful dress.  
(last month)

---



14. A strange event occurs in the city.  
(last week)

---



15. Henry cleans the kitchen after dinner.  
(last night)

---



16. Laura erases the notes from the board.  
(after the lesson)

---



17. George copies the documents for the meeting.  
(this morning)

---



18. The rain delays the flight to London.  
(last Tuesday)

---



19. The man nods his head to say yes.  
(a moment ago)

---



20. The pilot controls the plane during the storm.  
(last night)

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# CHECK YOUR SPELLING!

**ONE-SYLLABLE VERBS:** Write the past tense form. Follow the spelling rules.

- |         |         |          |          |
|---------|---------|----------|----------|
| 1. grab | 6. hop  | 11. work | 16. box  |
| 2. rain | 7. look | 12. rob  | 17. chop |
| 3. plan | 8. beg  | 13. jump | 18. sail |
| 4. lift | 9. wait | 14. slip | 19. row  |
| 5. skip | 10. nap | 15. mail | 20. drag |

**RIGHT OR WRONG?** Read the sentences. If the verb is incorrect, write the correct form. If the verb is correct, write "Correct".

1. The baby cried during the night.

---

2. Chris chopped the vegetables for the soup.

---

3. We studied for the English exam together.

---

4. The children enjoyed the party last Sunday.

---

5. The mechanic fixxed my car yesterday morning.

---

6. Sophie planned a trip to the beach.

---

7. The students obeyed the teacher's instructions.

---

8. Kevin admited that he forgot his homework.

---

9. The family lived in a big house.

---

10. Lucas grabed his keys and left.

---

11. Jane prefered the blue car.

---

12. The kids clapped after the show.

---

# PRONUNCIATION

When we add -ed to a regular verb, the ending can be pronounced in three different ways.

The pronunciation depends on the final sound of the base verb, not on the spelling.

## Sound 1: The /ɪd/ Sound

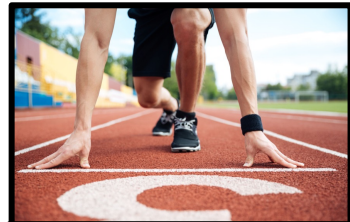
When to use it: When the base verb ends in a T sound or a D sound.



shout - shouted



upload - uploaded



start - started



avoid - avoided



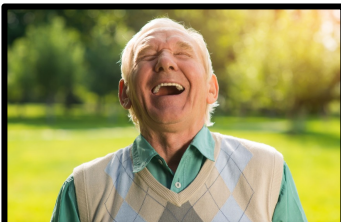
wait - waited



add - added

## Sound 2: The /t/ Sound

When to use it: When the base verb ends in a voiceless sound like f, p, k, x, s, ch, sh.



laugh - laughed



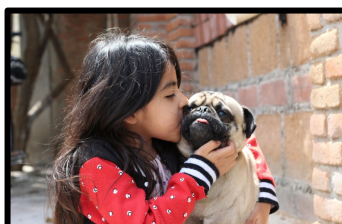
hope - hoped



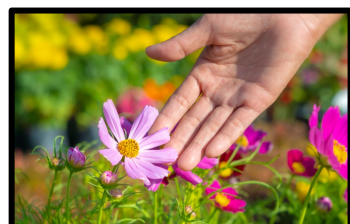
ask - asked



mix - mixed



kiss - kissed



touch - touched

## Sound 3: The /d/ Sound

When to use it: When the base verb ends in a voiced sound like b, g, v, z, l, m, n, r, w, y.



**hug - hugged**



**arrive - arrived**



**learn - learned**



**smile - smiled**



**try - tried**



**deliver - delivered**

## LET'S PRACTICE!

**Instructions:** Look at the verbs and decide which sound the -ed ending makes.

- |              |      |     |     |             |      |     |     |
|--------------|------|-----|-----|-------------|------|-----|-----|
| I. fixed     | /ɪd/ | /t/ | /d/ | II. clapped | /ɪd/ | /t/ | /d/ |
| 2. planned   | /ɪd/ | /t/ | /d/ | 12. talked  | /ɪd/ | /t/ | /d/ |
| 3. studied   | /ɪd/ | /t/ | /d/ | 13. helped  | /ɪd/ | /t/ | /d/ |
| 4. stopped   | /ɪd/ | /t/ | /d/ | 14. enjoyed | /ɪd/ | /t/ | /d/ |
| 5. admitted  | /ɪd/ | /t/ | /d/ | 15. relaxed | /ɪd/ | /t/ | /d/ |
| 6. cried     | /ɪd/ | /t/ | /d/ | 16. chatted | /ɪd/ | /t/ | /d/ |
| 7. cooked    | /ɪd/ | /t/ | /d/ | 17. played  | /ɪd/ | /t/ | /d/ |
| 8. permitted | /ɪd/ | /t/ | /d/ | 18. smiled  | /ɪd/ | /t/ | /d/ |
| 9. needed    | /ɪd/ | /t/ | /d/ | 19. mixed   | /ɪd/ | /t/ | /d/ |
| 10. lived    | /ɪd/ | /t/ | /d/ | 20. tidied  | /ɪd/ | /t/ | /d/ |



# ODD ONE OUT

**Instructions:** In each group, one verb has a different -ed pronunciation. Write the word that does not belong to the group.

1. helped - worked - waited \_\_\_\_\_

2. cleaned - cooked - played \_\_\_\_\_

3. studied - avoided - started \_\_\_\_\_

4. lived - danced - mixed \_\_\_\_\_

5. fixed - shouted - clapped \_\_\_\_\_

6. preferred - enjoyed - talked \_\_\_\_\_

7. permitted - helped - looked \_\_\_\_\_

8. cried - visited - smiled \_\_\_\_\_

9. planned - relaxed - baked \_\_\_\_\_

10. shaved - stayed - admitted \_\_\_\_\_

11. stopped - listened - tidied \_\_\_\_\_

12. obeyed - needed - grabbed \_\_\_\_\_

13. jumped - robbed - skipped \_\_\_\_\_

14. prayed - waited - nodded \_\_\_\_\_

15. smiled - watched - brushed \_\_\_\_\_

16. uploaded - fixed - admitted \_\_\_\_\_

17. called - snowed - rested \_\_\_\_\_

18. chopped - played - relaxed \_\_\_\_\_

19. lived - arrived - planted \_\_\_\_\_

20. started - lifted - cried \_\_\_\_\_



# ANSWER THE QUESTIONS

## Instructions:

Answer the questions using the information in parentheses.



1. (at the park)

A. Did Sandra walk the dog this morning?

B. Yes, she walked the dog at the park.



2. (the entire kitchen)

A. Did Thomas clean the house yesterday?

B. \_\_\_\_\_



3. (all night)

A. Did Camila dance at the party?

B. \_\_\_\_\_



4. (their grandparents)

A. Did the children visit their relatives?

B. \_\_\_\_\_



5. (the door at 6:00 PM)

A. Did Simon close the store?

B. \_\_\_\_\_



6. (soccer with his friends)

A. Did Erica's brother play sports?

B. \_\_\_\_\_



7. (with the math homework)

A. Did Daniel need help?

B. \_\_\_\_\_



8. (the living room walls)

A. Did you paint the house?

B. \_\_\_\_\_



9. (for her husband for twenty minutes)

A. Did Claudia wait at the train station?

B. \_\_\_\_\_



10. (an hour early)

A. Did Mr. Harrison arrive at the meeting?

B. \_\_\_\_\_



11. (about the new project)

A. Did Ms. Sanders talk to her boss?

B. \_\_\_\_\_



# IN THE MOUNTAINS



Last weekend, Jenny and her brother Oliver traveled to the mountains for a short vacation. They arrived at a small cabin on Friday night. The weather was perfect, so they stayed outside for a long time. They looked at the stars and talked about their future plans.

On Saturday morning, they walked for three hours in the forest. They discovered a beautiful lake and decided to rest there. Oliver climbed a small hill to take photos, while Jenny painted a picture of the landscape. In the afternoon, they cooked a delicious dinner over a campfire. They roasted marshmallows and listened to music.

On Sunday, it rained a little, so they stayed inside. They played board games and cleaned the cabin before they returned home. They enjoyed the trip very much and promised to return next year.

## FILL IN THE BLANKS:

**Instructions:** Complete the sentences below with the correct regular verb in the Past Simple. Do not look at the reading until you try to remember the action!

1. Jenny and Oliver \_\_\_\_\_ to the mountains for a short vacation last weekend.
2. When they \_\_\_\_\_ at the cabin, the weather was perfect.
3. On Friday night, they \_\_\_\_\_ outside to look at the stars.
4. The siblings \_\_\_\_\_ for three hours in the forest on Saturday morning.
5. They \_\_\_\_\_ a beautiful lake and \_\_\_\_\_ to rest there for a while.
6. Jenny \_\_\_\_\_ a picture of the landscape while Oliver \_\_\_\_\_ a small hill.
7. In the afternoon, they \_\_\_\_\_ a delicious dinner over a campfire.
8. They \_\_\_\_\_ to music and \_\_\_\_\_ marshmallows.
9. On Sunday, they \_\_\_\_\_ the cabin because they wanted to leave it neat.
10. They \_\_\_\_\_ the trip very much and \_\_\_\_\_ to return next year.





# TEST

**Instructions:** Circle the correct option.

1. Elena ---- for her English exam until midnight to get a good grade.
  - a. fried
  - b. played
  - c. helped
  - d. studied
2. Gary ---- the broken lamp in the living room because it was not working.
  - a. fixed
  - b. called
  - c. enjoyed
  - d. delayed
3. Mrs. Brown ---- with her husband at the wedding party.
  - a. jogged
  - b. hoped
  - c. permitted
  - d. danced
4. Rita ---- her best friend to talk about their trip to the mountains.
  - a. called
  - b. snowed
  - c. mixed
  - d. baked
5. Andrea ---- while watching that emotional movie last night.
  - a. shaved
  - b. closed
  - c. cried
  - d. replied
6. James ---- his messy bedroom before his friends visited him.
  - a. replied
  - b. shouted
  - c. erased
  - d. tidied
7. Paulina ---- every detail of her daughter's party last week.
  - a. chopped
  - b. planned
  - c. snowed
  - d. brushed
8. Kevin ---- that he forgot his homework and made a mistake.
  - a. nodded
  - b. obeyed
  - c. admitted
  - d. laughed
9. Isabel ---- a traditional recipe from her grandmother.
  - a. stayed
  - b. cooked
  - c. washed
  - d. cried
10. Samuel ---- to an interesting podcast on his way to work.
  - a. copied
  - b. prayed
  - c. listened
  - d. smiled
11. Carla ---- the beautiful sunset at the beach last Sunday.
  - a. enjoyed
  - b. hurried
  - c. chatted
  - d. clapped
12. Claudia ---- for her husband at the train station for twenty minutes.
  - a. robbed
  - b. waited
  - c. stopped
  - d. relaxed



**Instructions:**

Choose the correct pronunciation of the -ed ending for each verb.

13. cried      /ɪd/    /t/    /d/

14. chatted    /ɪd/    /t/    /d/

15. cooked    /ɪd/    /t/    /d/

16. studied    /ɪd/    /t/    /d/

17. smiled    /ɪd/    /t/    /d/

18. needed    /ɪd/    /t/    /d/

19. waited    /ɪd/    /t/    /d/

20. cleaned    /ɪd/    /t/    /d/

21. talked    /ɪd/    /t/    /d/

22. brushed    /ɪd/    /t/    /d/

23. planted    /ɪd/    /t/    /d/

24. mixed    /ɪd/    /t/    /d/

25. helped    /ɪd/    /t/    /d/

# ¡GRACIAS POR APRENDER INGLÉS CONMIGO!



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