

BEGINNERS

Unit 14

 Inglés Paso a Paso con Lucie



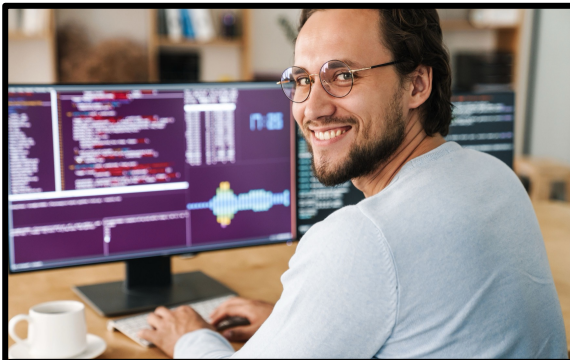


PAST SIMPLE

REGULAR VERBS

What is a Regular Verb?

- Regular verbs are the most common type of verb in English. They are called "regular" because they follow a simple, consistent rule to form the Past Simple and the Past Participle.
- The rule is: Add -ed to the base form of the verb.



Present: I **work** on my business every day.

Past: I **worked** on my business yesterday.



Present: They **watch** movies on weekends.

Past: They **watched** a movie last weekend.

- This is different from irregular verbs, which change completely.



Present: We **go** to the park on Sundays.

Past: We **went** to the park last Sunday.



Present: I **eat** breakfast at 7:00 AM.

Past: I **ate** breakfast at 7:00 AM yesterday.

SPELLING RULES

FOR ADDING -ED TO VERBS

You need to learn a few spelling rules when adding -ed to a regular verb.

Rule 1: The General Rule

For most verbs, you just add -ed.



talk - talked



help - helped



call - called

Rule 2: Verbs Ending in -e

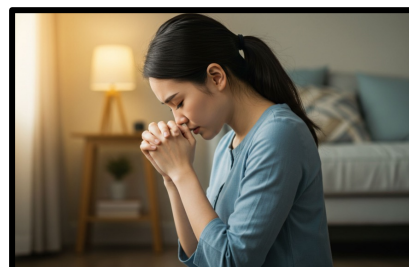
If the base verb already ends in the letter -e, you only add -d.



live - lived



dance - danced



hope - hoped

Rule 3: Verbs Ending in Consonant + Y

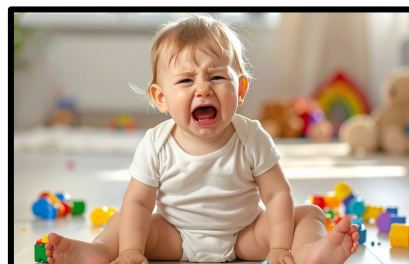
If the verb ends in a consonant followed by -y, you must change the -y to an -i and then add -ed.



study - studied



reply - replied



cry - cried

Rule 4: Verbs Ending in Vowel + Y

If the verb ends in a vowel + y, you do not change the 'y'. Just add -ed.



play - played



obey - obeyed



enjoy - enjoyed

Rule 5: One-Syllable CVC Verbs

If the verb has one syllable and ends in Consonant + Vowel + Consonant (CVC), you must double the final consonant and then add -ed.



stop - stopped



plan - planned



chat - chatted

Rule 6: The Exceptions

We do not double the final consonant if the verb ends in -w or -x.



fix - fixed



snow - snowed



relax - relaxed

Rule 7: Two-Syllable CVC Verbs

If the verb has two syllables, ends in CVC, and the stress is on the second syllable, you must double the final consonant.



prefer - preferred



admit - admitted



commit - committed



COMPLETE THE SENTENCES

Instructions: Complete the sentences with the correct past tense form of the verbs in parentheses.



1. Olivia (walk) _____ her dog in the park yesterday morning.



2. Robert (arrive) _____ at the office very early last Tuesday.



3. Elena (study) _____ for her English exam until midnight.



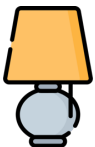
4. Mrs. Miller (fry) _____ some delicious chicken for her family.



5. Thomas (stay) _____ at home to rest during the weekend.



6. Victor (jog) _____ four miles to prepare for the marathon.



7. Gary (fix) _____ the broken lamp in the living room.



8. Anna (prefer) _____ the blue dress over the red one.



9. Samuel (listen) _____ to a very interesting podcast on his way to work.



10. Sonia (smile) _____ when she saw the surprise for her birthday.



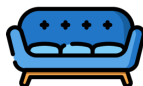
11. James (tidy) _____ his bedroom before his friends visited him.



12. Carla (enjoy) _____ the beautiful sunset at the beach.



13. Paulina (plan) _____ every detail of her daughter's party.



14. Peter (relax) _____ on the sofa after a long day of work.



15. Daniel (admit) _____ that he made a mistake in the report.



16. Isabel (cook) _____ a traditional recipe from her grandmother.



17. Mrs. Brown (dance) _____ with her husband at the wedding.



18. Andrea (cry) _____ while watching that emotional movie.



19. Hugo (play) _____ video games with his cousins all afternoon.



20. Diana (stop) _____ her car when the traffic light turned red.



PRESENT TO PAST

Instructions: Change the following sentences to the Past Simple using the time expressions in parentheses. Pay attention to the spelling of the verbs.



1. Monica helps her neighbor with the groceries.
(yesterday morning)

Monica helped her neighbor with the groceries yesterday morning.



2. Mr. Carter closes the store at 9:00 PM.
(last night)



3. Pamela carries the heavy boxes to the car.
(two hours ago)



4. The students obey the school rules.
(last semester)



5. The audience claps after the performance.
(ten minutes ago)



6. Simon mixes the ingredients for the cake.
(earlier this morning)



7. The manager permits the employees to leave early.
(last Friday)



8. Martha brushes her hair before work.
(yesterday)



9. Oscar exercises in the park.
(on Saturday)



10. Brenda hurries to catch the bus.
(yesterday afternoon)



11. My family prays for a miracle.
(last night)



12. The thief robs the jewelry store.
(two years ago)



13. My grandmother sews a beautiful dress.
(last month)



14. A strange event occurs in the city.
(last week)



15. Henry cleans the kitchen after dinner.
(last night)



16. Laura erases the notes from the board.
(after the lesson)



17. George copies the documents for the meeting.
(this morning)



18. The rain delays the flight to London.
(last Tuesday)



19. The man nods his head to say yes.
(a moment ago)



20. The pilot controls the plane during the storm.
(last night)



CHECK YOUR SPELLING!

ONE-SYLLABLE VERBS: Write the past tense form. Follow the spelling rules.

- | | | | |
|---------|---------|----------|----------|
| 1. grab | 6. hop | 11. work | 16. box |
| 2. rain | 7. look | 12. rob | 17. chop |
| 3. plan | 8. beg | 13. jump | 18. sail |
| 4. lift | 9. wait | 14. slip | 19. row |
| 5. skip | 10. nap | 15. mail | 20. drag |

RIGHT OR WRONG? Read the sentences. If the verb is incorrect, write the correct form. If the verb is correct, write "Correct".

1. The baby cried during the night.

2. Chris chopped the vegetables for the soup.

3. We studied for the English exam together.

4. The children enjoyed the party last Sunday.

5. The mechanic fixxed my car yesterday morning.

6. Sophie planned a trip to the beach.

7. The students obeyed the teacher's instructions.

8. Kevin admited that he forgot his homework.

9. The family lived in a big house.

10. Lucas grabed his keys and left.

11. Jane prefered the blue car.

12. The kids clapped after the show.



PRONUNCIATION

When we add -ed to a regular verb, the ending can be pronounced in three different ways.

The pronunciation depends on the final sound of the base verb, not on the spelling.

Sound 1: The /ɪd/ Sound

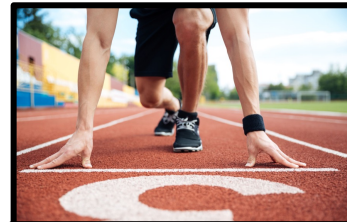
When to use it: When the base verb ends in a T sound or a D sound.



shout - shouted



upload - uploaded



start - started



avoid - avoided



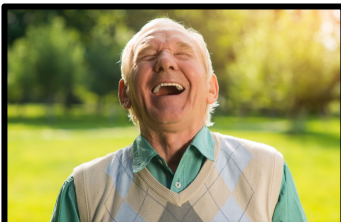
wait - waited



add - added

Sound 2: The /t/ Sound

When to use it: When the base verb ends in a voiceless sound like f, p, k, x, s, ch, sh.



laugh - laughed



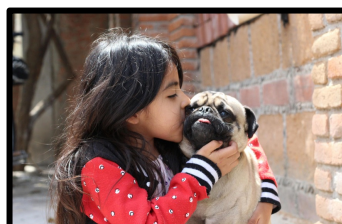
hope - hoped



ask - asked



mix - mixed



kiss - kissed



touch - touched

Sound 3: The /d/ Sound

When to use it: When the base verb ends in a voiced sound like b, g, v, z, l, m, n, r, w, y.



hug - hugged



arrive - arrived



learn - learned



smile - smiled



try - tried



deliver - delivered

LET'S PRACTICE!

Instructions: Look at the verbs and decide which sound the -ed ending makes.

- | | | | | | | | |
|--------------|------|-----|-----|-------------|------|-----|-----|
| I. fixed | /ɪd/ | /t/ | /d/ | II. clapped | /ɪd/ | /t/ | /d/ |
| 2. planned | /ɪd/ | /t/ | /d/ | 12. talked | /ɪd/ | /t/ | /d/ |
| 3. studied | /ɪd/ | /t/ | /d/ | 13. helped | /ɪd/ | /t/ | /d/ |
| 4. stopped | /ɪd/ | /t/ | /d/ | 14. enjoyed | /ɪd/ | /t/ | /d/ |
| 5. admitted | /ɪd/ | /t/ | /d/ | 15. relaxed | /ɪd/ | /t/ | /d/ |
| 6. cried | /ɪd/ | /t/ | /d/ | 16. chatted | /ɪd/ | /t/ | /d/ |
| 7. cooked | /ɪd/ | /t/ | /d/ | 17. played | /ɪd/ | /t/ | /d/ |
| 8. permitted | /ɪd/ | /t/ | /d/ | 18. smiled | /ɪd/ | /t/ | /d/ |
| 9. needed | /ɪd/ | /t/ | /d/ | 19. mixed | /ɪd/ | /t/ | /d/ |
| 10. lived | /ɪd/ | /t/ | /d/ | 20. tidied | /ɪd/ | /t/ | /d/ |



ODD ONE OUT

Instructions: In each group, one verb has a different -ed pronunciation. Write the word that does not belong to the group.

1. helped - worked - waited _____
2. cleaned - cooked - played _____
3. studied - avoided - started _____
4. lived - danced - mixed _____
5. fixed - shouted - clapped _____
6. preferred - enjoyed - talked _____
7. permitted - helped - looked _____
8. cried - visited - smiled _____
9. planned - relaxed - baked _____
10. shaved - stayed - admitted _____
11. stopped - listened - tidied _____
12. obeyed - needed - grabbed _____
13. jumped - robbed - skipped _____
14. prayed - waited - nodded _____
15. smiled - watched - brushed _____
16. uploaded - fixed - admitted _____
17. called - snowed - rested _____
18. chopped - played - relaxed _____
19. lived - arrived - planted _____
20. started - lifted - cried _____





ANSWER THE QUESTIONS

Instructions:

Answer the questions using the information in parentheses.



1. (at the park)

A. Did Sandra walk the dog this morning?

B. Yes, she walked the dog at the park.



2. (the entire kitchen)

A. Did Thomas clean the house yesterday?

B. _____



3. (all night)

A. Did Camila dance at the party?

B. _____



4. (their grandparents)

A. Did the children visit their relatives?

B. _____



5. (the door at 6:00 PM)

A. Did Simon close the store?

B. _____



6. (soccer with his friends)

A. Did Erica's brother play sports?

B. _____



7. (with the math homework)

A. Did Daniel need help?

B. _____



8. (the living room walls)

A. Did you paint the house?

B. _____



9. (for her husband for twenty minutes)

A. Did Claudia wait at the train station?

B. _____



10. (an hour early)

A. Did Mr. Harrison arrive at the meeting?

B. _____



11. (about the new project)

A. Did Ms. Sanders talk to her boss?

B. _____



IN THE MOUNTAINS



Last weekend, Jenny and her brother Oliver traveled to the mountains for a short vacation. They arrived at a small cabin on Friday night. The weather was perfect, so they stayed outside for a long time. They looked at the stars and talked about their future plans.

On Saturday morning, they walked for three hours in the forest. They discovered a beautiful lake and decided to rest there. Oliver climbed a small hill to take photos, while Jenny painted a picture of the landscape. In the afternoon, they cooked a delicious dinner over a campfire. They roasted marshmallows and listened to music.

On Sunday, it rained a little, so they stayed inside. They played board games and cleaned the cabin before they returned home. They enjoyed the trip very much and promised to return next year.

FILL IN THE BLANKS:

Instructions: Complete the sentences below with the correct regular verb in the Past Simple. Do not look at the reading until you try to remember the action!

1. Jenny and Oliver _____ to the mountains for a short vacation last weekend.
2. When they _____ at the cabin, the weather was perfect.
3. On Friday night, they _____ outside to look at the stars.
4. The siblings _____ for three hours in the forest on Saturday morning.
5. They _____ a beautiful lake and _____ to rest there for a while.
6. Jenny _____ a picture of the landscape while Oliver _____ a small hill.
7. In the afternoon, they _____ a delicious dinner over a campfire.
8. They _____ to music and _____ marshmallows.
9. On Sunday, they _____ the cabin because they wanted to leave it neat.
10. They _____ the trip very much and _____ to return next year.





TEST

Instructions: Circle the correct option.

1. Elena ____ for her English exam until midnight to get a good grade.
 - a. fried
 - b. played
 - c. helped
 - d. studied
2. Gary ____ the broken lamp in the living room because it was not working.
 - a. fixed
 - b. called
 - c. enjoyed
 - d. delayed
3. Mrs. Brown ____ with her husband at the wedding party.
 - a. jogged
 - b. hoped
 - c. permitted
 - d. danced
4. Rita ____ her best friend to talk about their trip to the mountains.
 - a. called
 - b. snowed
 - c. mixed
 - d. baked
5. Andrea ____ while watching that emotional movie last night.
 - a. shaved
 - b. closed
 - c. cried
 - d. replied
6. James ____ his messy bedroom before his friends visited him.
 - a. replied
 - b. shouted
 - c. erased
 - d. tidied
7. Paulina ____ every detail of her daughter's party last week.
 - a. chopped
 - b. planned
 - c. snowed
 - d. brushed
8. Kevin ____ that he forgot his homework and made a mistake.
 - a. nodded
 - b. obeyed
 - c. admitted
 - d. laughed
9. Isabel ____ a traditional recipe from her grandmother.
 - a. stayed
 - b. cooked
 - c. washed
 - d. cried
10. Samuel ____ to an interesting podcast on his way to work.
 - a. copied
 - b. prayed
 - c. listened
 - d. smiled
11. Carla ____ the beautiful sunset at the beach last Sunday.
 - a. enjoyed
 - b. hurried
 - c. chatted
 - d. clapped
12. Claudia ____ for her husband at the train station for twenty minutes.
 - a. robbed
 - b. waited
 - c. stopped
 - d. relaxed

Instructions:

Choose the correct pronunciation of the -ed ending for each verb.

13. cried /ɪd/ /t/ /d/

14. chatted /ɪd/ /t/ /d/

15. cooked /ɪd/ /t/ /d/

16. studied /ɪd/ /t/ /d/

17. smiled /ɪd/ /t/ /d/

18. needed /ɪd/ /t/ /d/

19. waited /ɪd/ /t/ /d/

20. cleaned /ɪd/ /t/ /d/

21. talked /ɪd/ /t/ /d/

22. brushed /ɪd/ /t/ /d/

23. planted /ɪd/ /t/ /d/

24. mixed /ɪd/ /t/ /d/

25. helped /ɪd/ /t/ /d/

¡GRACIAS POR APRENDER INGLÉS CONMIGO!



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